



**FOOD FOR
THE HUNGRY**

Ending Poverty Together



REPORT: JUNE 2022

Mwumba, Burundi

Background

This programme is designed to graduate the nine communities within Mwumba by 2025. We are working with 14,778 direct beneficiaries (including 9,658 children under 18) and 18,473 indirect beneficiaries.

Health and nutrition

272 community volunteers from cascade groups were trained this quarter in the following:

- Promoting the vaccination of young children
- Prevention of non-contaminable chronic diseases (such as diabetes and high/low blood pressure)

These volunteers then cascade this training to 4,352 of their neighbours.

6 masons in the community were trained on the construction of low-cost latrines.

We continued to distribute seeds, including leek, cabbage and red onion, to be shared in the community and to establish kitchen gardens. The consumption of these vegetables helps in the diversification of foods, which leads to a balanced diet.

Farming

We recently met our model farmers to check on the productivity of their fields and to provide them with suggestions and recommendations for the improvement and sustainability of agriculture. The productivity of beans, maize and potatoes was evaluated and we found that production has greatly increased compared to previous years. They are also being trained on the sustainable management of domestic animals.

Two of our model farmers, Juvenal and Pascal, tell us how they have benefited:

Juvenal: "I started with involvement in coffee production activities and due to my good performance I was chosen by my neighbours as a model farmer in Ntembe hill. During the recent



STORING THE BOUNTIFUL MAIZE HARVEST.

maize harvest, production exceeded 5 times my production of the last 2 years.

The pigs I am raising are helping me to get organic manure that I use to maintain soil fertility for the maize and other food crops."

Pascal: "When FH arrived in our community and started teaching local farmers appropriate farming techniques and best agricultural practices, I was very happy and joined one of the farmer groups. We were taught several farming techniques such as planting on a straight line, intercropping, mulching, use of organic manure, planting of nitrifying plants within the crops etc. Thanks to the interventions of FH I am very optimistic that one day hunger will be eradicated in our community."



TEAM WORK – BUILDING A HOT COMPOSTING PILE.

Church Leaders

Church leaders are being trained to help them contribute to the development of their communities, and we see their involvement in the development activities and in encouraging their members to join, for example, savings groups, farmer groups and cascade groups.

Livelihoods

There are now 110 savings groups in the 9 hills of the Mwumba Zone. 70 of them are self-managed and there are 40 new groups. Members are coached to start a solidarity fund which they can use to support one another if members face issues in their lives.

Intimate partner violence

We are continuing our messaging about the fight against violence between partners, with open discussions about the subject in the various cascade and savings groups, and with local leaders, and we are starting to see an evolution within the communities.

Education

The final handover of recently constructed classrooms, offices and latrines in schools in Mwumba has been completed.

This comprised 2 classrooms, 1 administrative block and 1 block of 10 latrine doors at Gihama, and 2 classrooms and a block of 10 latrine doors at Kagozi. We have also supplied new shoes to many students.



SHOES DISTRIBUTION TO STUDENTS.

